



Developmental Milestones: Birth to 5 years

| AGE | GROSS MOTOR | FINE MOTOR | COMMUNICATION/SOCIAL | COGNITIVE/ADAPTIVE |
|---------|--|--|--|---|
| 2 mos. | Lifts head/chest when prone | Eyes track past the midline | <ul style="list-style-type: none"> Alerts to sound Social (reciprocal) smile | Recognizes parent |
| 4 mos. | Rolls front to back | Grasps a rattle | <ul style="list-style-type: none"> Laughs Soothed by parent's voice | Orients head to direction of a voice |
| 6 mos. | Sits with little or no support | <ul style="list-style-type: none"> Reaches with one hand Transfers objects | <ul style="list-style-type: none"> Babbles Developing stranger anxiety | Feeds self |
| 9 mos. | Pulls to stand | <ul style="list-style-type: none"> Developing immature pincer grasp Bangs two objects together | <ul style="list-style-type: none"> Says "mama/dada" indiscriminately Waves bye-bye | Plays gesture games (e.g., pat-a-cake) |
| 12 mos. | Stands/walks alone | Fine pincer grasp | <ul style="list-style-type: none"> One word other than "mama"/"dada" Follows one-step commands with a gesture | Points to desired object |
| 15 mos. | Stoops and recovers | Scribbles in imitation | Uses 3-5 words | <ul style="list-style-type: none"> Uses spoon and cup Turns pages in a book |
| 18 mos. | Runs well | Builds a tower of 3 cubes | Points to 1-3 body parts | "Helps" in the house |
| 24 mos. | <ul style="list-style-type: none"> Throws ball overhand Kicks a ball | Copies drawing a line with crayon | <ul style="list-style-type: none"> Speaks in 2-word combinations ≥ 50-word vocabulary Parallel play | Removes an article of clothing |
| 36 mos. | Pedals a tricycle | Copies a circle | <ul style="list-style-type: none"> Speaks in 3-word sentences 75% of language is intelligible to a stranger | Brushes teeth with help |
| 48 mos. | Hops | Copies a square or cross | <ul style="list-style-type: none"> 100% of language is intelligible to a stranger Plays cooperatively with a group | Knows 4 colors |
| 60 mos. | Skips | Copies a triangle | <ul style="list-style-type: none"> Defines simple words Uses 5-word sentences | Dresses self |